

Department of Physical Education
JASPAL RANA INSTITUTE OF EDUCATION AND TECHNOLOGY DEHRDUN

Time Table- BP.Ed. (1st Sem) 2019-20

Theory Class

Day/Time	10:15am to 11:am	11:05 am to 11:50am	12:00.NOON to 12:45pm
Monday	ANATOMY AND PHYSIOLOGY (MR.DEEPAK RAWAT)	HEALTH EDUCATION AND ENVIRONMENTAL STUDES (MR.PANKAJ BHARTI)	HISTORY AND PRINCIPLES AND FOUNDATION OF PHYSICAL EDUCATION (MRS.ESHA KANWASI)
Tuesday	"	"	"
Wednesday	"	"	"
Thursday	"	"	"
Friday		OLYMPIC MOVEMENT & (DR.ROHIT SIR) & OFFICIATING & COACHING (MR.DHARMENDRA JAGGI)	OLYMPIC MOVEMENT (DR.ROHIT SIR) & OFFICIATING&COACHING (MR.DHARMENDRA JAGGI)
Saturday	"	"	"

➤ Authority: - as per the approval of director sir dated 03/08/2019



Department of Physical Education
JASPAL RANA INSTITUTE OF EDUCATION AND TECHNOLOGY DEHRDUN

Time Table-B.P.Ed. (3rd Sem) 2019-20

Theory Class

Day/Time	10:15am to 11:am	11:05 am to 11:50am	12:00.NOON to 12:45pm
Monday	SPORTS TRAINING (MR.DHARMENDRA JAGGI)	SPORTS MEDICINE PHYSIOTHERAPY AND REHABILITATION (DR.ROHIT SINGH)	SPORTS PSYCHOLOGY (MR.DEEPAK RAWAT)
Tuesday	"	"	"
Wednesday	"	"	"
Thursday	"	"	"
Friday	"	COMUTER APPLICATION IN PHYSICAL EDUCATION (MR.PANKAJ BHARTI)	CURRICULUM DESING (MR.SURENDRA RONCHELA)
Saturday	"	"	"

➤ Authority: - as per the approval of director sir dated 03/08/2019



Department of Physical Education
JASPAL RANA INSTITUTE OF EDUCATION AND TECHNOLOGY DEHRDUN

Time Table- B.P.E.S. (IST YEAR) 2019-20

Theory Class

Day/Time	10:15am to 11:am	11:05 am to 11:50am	12:00.NOON to 12:45pm
Monday	History And Principle Of Physical Education (MRS. ESHA KANWASI)	Basic And Systematic Anatomy (MR. DEEPAK RAWAT)	SPORTS SOCIOLOGY & ENVIRONMENTAL STUDIES (MR. DEEPAK PARKASH)
Tuesday	"	"	"
Wednesday	"	"	HEALTH EDUCATION (MR.PANKAJ BHARTI)
Thursday	"	"	"
Friday	"	SPORTS SOCIOLOGY & ENVIRONMENTAL STUDIES (MR. DEEPAK PARKASH)	"
Saturday	"	"	"

➤ authority:- as per the approval of director sir dated 03/08/2019



JASPAL RANA INSTITUTE OF EDUCATION AND TECHNOLOGY DEHRDUN

Time Table- B.P.E.S. (2nd YEAR) 2019-20

(Theory Class)

Day/Time	10:15am to 11:am	11:05 am to 11:50am	12:00.NOON to 12:45pm
Monday	Physiology and Physiology of exercise (MR. DEEPAK PARKASH)	Management of Physical Education (MR. SURENDRA SINGH)	Kinesiology (DR. ROHIT KUMAR SINGH)
Tuesday	"	"	"
Wednesday	"	"	Educational and Sports Psychology (MR. DEEPAK RAWAT)
Thursday	"	"	Educational and Sports Psychology (MR. DEEPAK RAWAT)
Friday	"	"	"
Saturday	"	"	"

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Department of Physical Education
JASPAL RANA INSTITUTE OF EDUCATION AND TECHNOLOGY DEHRDUN

Time Table- B.P.Ed. (3rd YEAR) 2019-20

(Theory Class)

Day/Time	10:15am to 11:am	11:05 am to 11:50am	12:00.NOON to 12:45pm
Monday	YOGA AND RECREATION (MR. SURENDRA SINGH)	Test and Measurement in Physical Education (MR. DEEPAK PARKASH)	Sports Training , Officiating and Coaching (MR. DHARMENDRA JAGGI)
Tuesday	"	"	"
Wednesday	"	"	"
Thursday	"	Method in Physical Education (MRS. ESHA KANWASI)	"
Friday	"	"	"
Saturday	"	"	"

➤ Authority:- as per the approval of director sir dated 03/08/2019



JASPAL RANA INSTITUTE OF EDUCATION AND TECHNOLOGY, DEHRADUN
THEORY CLASS -2019-20
B.P.E.S 1ST YEAR

S.NO.	SUBJECT	FACULTY NAME
1	HISTORY AND PRINCIPLE OF PHYSICAL EDUCATION	MRS. ESHA KANWASI
2	BASIC AND SYSTEMATIC ANATOMY	MR. DEEPAK RAWAT
3	SPORTS SOCIOLOGY & ENVIRONMENTAL STUDIES	MR. DEEPAK PARKASH
4	HEALTH EDUCATION	MR. PANKAJ BHARTI

B.P.E.S 2ND YEAR

S.NO.	SUBJECT	FACULTY NAME
1	PHYSIOLOGY AND PHYSIOLOGY OF EXERCISE	MR. DEEPAK PARKASH
2	EDUCATIONAL AND SPORTS PSYCHOLOGY	MR. DEEPAK RAWAT
3	MANAGEMENT OF PHYSICAL EDUCATION	MR. SURENDRA RONCHHELA
4	KINESIOLOGY	DR. ROHIT KUMAR SINGH

B.P.E.S 3RD YEAR

S.NO.	SUBJECT	FACULTY NAME
1	SPORTS TRAINING , OFFICIATING AND COACHING	MR. DHARMENDRA JAGGI
2	METHOD IN PHYSICAL EDUCATION	MRS. ESHA KANWASI
3	TEST AND MEASUREMENT IN PHYSICAL EDUCATION	MR. DEEPAK PARKASH
4	YOGA & RECREATION	MR. SURENDRA RONCHHELA



**JASPAL RANA INSTITUTE OF EDUCATION AND TECHNOLOGY, DEHRADUN
THEORY CLASS -2019-20**

B.P.Ed- 1st SEMESTER

S.NO.	SUBJECT	FACULTY NAME
1	HISTORY, PRINCIPLES AND FOUNDATION OF PHYSICAL	MRS. ESHA KANWASI
2	ANATOMY AND PHYSIOLOGY	MR. DEEPAK RAWAT
3	HEALTH EDUCATION AND ENVIRONMENTAL STUDIES	MR. PANKAJ BHARTI
4	OLYMPIC MOVEMENT	DR. ROHIT KUMAR SINGH
5	OFFICIATING AND COACHING	MR. DHARMENDRA JAGGI

B.P.Ed- 3rd SEMESTER

S.NO.	SUBJECT	FACULTY NAME
1	SPORTS TRAINING	MR. DHARMENDRA JAGGI
2	SPORTS MEDICINE PHYSIOTHERAPY AND REHABILITATION	DR. ROHIT KUMAR SINGH
3	SPORTS PSYCHOLOGY AND SOCIOLOGY	MR. DEEPAK RAWAT
4	COMPUTER APPLICATION IN PHYSICAL EDUCATION	MR. PANKAJ BHARTI
5	CURRICULUM DESIGN	MR. SURENDRA RONCHHELA

